

FIBROBLAST PLASMA AFTERCARE

Following good and consistent aftercare will help ensure the best outcome to your treatment! Be patient, be diligent in your aftercare!

*Please remember it takes a full 8-12 weeks to see your final result. Once dots shed, the skin may appear healed or slightly pinkish, but that is just the beginning as the skin underneath does its work. It takes 4 weeks for collagen and elastin production to BEGIN!

Be patient!

- Always keep the area clean to avoid infections until the carbon crusts (scabs) have formed and exfoliated on their own. Removing the scabs prematurely will result in scarring.
- Keep the treated area clean. Gently splash the area with cool water and very gently cleanse with a gentle cleanser and rinse thoroughly. Use very mild/gentle pressure when cleansing the area. DRY VERY WELL – PAT DRY- KEEP DRY! Make sure the skin feels dry and tight before applying aftercare gel or cream recommended.
- Gently apply the aftercare gel (with clean hands or a clean cotton swab) to the treated area as needed to help relieve itching each day until your scabs fall off on their own.
- Exposure and tanning beds to the treated area is not advised - Once the scabbing process is complete, always apply broad spectrum SPF to the area for a minimum of 3 months after your last treatment. This skin is still healing and can easily become damaged by any UV rays and may cause hyperpigmentation and/or premature aging.

IMPORTANT! Avoid sun exposure and tanning beds to the treated area- Once the scabbing process is complete, always apply broad spectrum SPF to the area for a minimum of 3 months after your last treatment. This skin is still healing and can easily become damaged by any UV rays and may cause hyperpigmentation and/or premature aging.

- DO NOT apply any home remedies, plasters (liquid bandaid) or ointments other than what is provided to you. This may delay the intended healing process and or cause infection.
- DO NOT workout, swim, hot tub or steam bath until scabs have exfoliated.
- BE PATIENT WITH THE HEALING PROCESS AND ALLOW YOURSELF TIME TO REST & HEAL.

****Swelling is to be expected after this type of treatment. This is due to the fact that the area will be recovering from a deliberate controlled wound, therefore the natural side effect is swelling. There are steps to minimise swelling (ice and antihistamine), but swelling cannot be avoided. You can't avoid or cure the swelling- it is a response to trauma. The swelling will subside in a matter of days.**